

Psychosocial Residential Rehabilitation Treatment Program (PRRTP)

In 1995 VA created the Psychosocial Residential Rehabilitation Treatment Program (PRRTP) (VHA Directive 2001-010). Designed to improve the quality of life, promote health maintenance and to diminish reliance on more resource intensive forms of VA treatment, PRRTPs provide a 24-hour-per-day, 7-day-per-week structured therapeutic milieu. Veterans are required to participate in rehabilitative activities at least 4 hours per day, 7 days per week. In order to be eligible for this level of care, veterans must have a psychiatric and/or psychosocial need, must be clinically stable, must be able to function outside of an acute inpatient program and, must be capable of self-preservation in case of an emergency. There are two basic PRRTP models for service delivery. The first model is an ***all-inclusive residential model*** where staff dedicated to the PRRTP provides all the treatment and psychosocial rehabilitative services to veterans in the program. The second model is a ***supportive residential model*** whereby the intensive treatment is provided outside the residence through VA outpatient treatment services. There are seven categories of PRRTPs:

- 1) SAR RTP - Substance Abuse Residential Rehabilitation Treatment Program targeting veterans with substance abuse disorders;
- 2) General PRRTP - Psychiatric Residential Rehabilitation Treatment Program targeting a general psychiatric patient population;
- 3) PRRTP - PTSD Residential Rehabilitation Program targeting veterans with PTSD;
- 4) SA CWT/TR - Substance Abuse Compensated Work Therapy / Transitional Residence Program;
- 5) HCMC CWT/TR - Homeless Chronically Mentally Ill Compensated Work Therapy / Transitional Residence Program;
- 6) PTSD CWT/TR - PTSD Compensated Work Therapy / Transitional Residence Program, and;
- 7) General CWT/TR - Compensated Work Therapy / Transitional Residence Program that is not targeted exclusively for any particular psychiatric condition.

The Northeast Program Evaluation Center (NEPEC) located at VA Connecticut Healthcare System, West Haven Campus, has been mandated by VHA Headquarters to evaluate PRRTPs. The goals of the evaluation are twofold; first, to provide an ongoing assessment of this relatively new level of care and second, to provide a description of the veterans receiving treatment in this program and the types of services provided.

NEPEC Contacts:

Sharon Medak, Associate Project Director, NEPEC
203-932-5711 x4313

Sharon.medak@med.va.gov

Robert Rosenheck MD, National Director, NEPEC
203-932-5711 x3850

Robert.rosenheck@med.va.gov

Catherine Leda Seibyl MSN MPH, Associate Director, NEPEC
203-932-5711 x3722

Cathy.seibyl@med.va.gov